



**Springfield Park
August - September 2021**

Impact Report

hype-merseyside.co.uk



Welcome to **HYPE**

HYPE delivers a range of youth activities tailor-made for young people and the variety of barriers they face. We specialise in supporting young people aged between 7 and 24 years, who are living in highly deprived neighbourhoods where opportunities are limited.

Realising the impact of what we do, HYPE has 3 set impact goals:

- 1. Create more opportunities for young people**
- 2. Support young people to reach their potential**
- 3. Strengthen local communities**

One of our key projects that flourishes every summer is our Vibrant Parks project. This summer we worked in Springfield Park for the first time to deliver positive activities for children, young people and families and work in partnership with The Alderhey Charity.



Aims;

- To create awareness of the work AlderHey Hospital Trust does and encourage the wider community to get involved in fundraising
- Enhance all participants Health & Well-being
- Engage with local residents and children and young people
- To provide an opportunity to learn about our local environment

Outcomes;

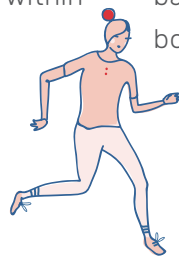
- Improved mental health & well-being
- Create healthy communities
- Connect people
- Create social value



During the summer of 2021, HYPE Merseyside was awarded funding to support families and young people in Springfield Park. HYPE delivered two healthy lifestyle projects within an eight-week period.



Walk Run Cycle Play is a weekend activity for families to participate in and they will choose to either walk, run or cycle a 2-mile distance from Springfield Park along the Circular Trail loop line and back. HYPE also had an area for children to play sports with our team of coaches during the same time prior from within Springfield Park.



The second project we delivered throughout August was HAF.

The HAF programme has been providing healthy food and enriching activities to disadvantaged children through local councils since 2018. This year the project was delivered in Springfield Park and it ran over 16-days throughout August daily from 10.00am - 2.00pm. The activities that were provided by HYPE were;

- **Scavenger Hunts**
- **Bio Blitz**
- **Sports Activities**
- **Treasure Hunts**

The project was aimed at families on Free School meals and all participants were provided with a healthy lunch during the day that consisted of a batch, banana, tangerine and apple with bottled water for drinks.



The Data



Total number of families **143**



Total Number of children **139**



Total number healthy lunches provided **464**



Age range of children **5-16** years



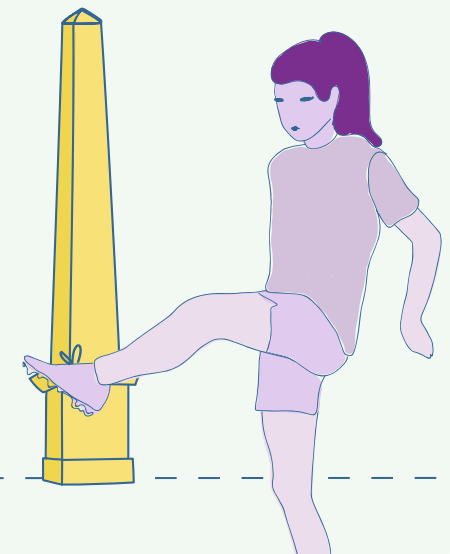
87% of families on free schools meals



84% of people said the activity made them healthier



From **104** participants WRCP **6%** ran, **73%** walked **21%** cycled



Feedback

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“This has been the best experience of the summer for me. I loved the treasure hunts as these were all round the park so we got to see everything!”

Abbie Aged 9

“

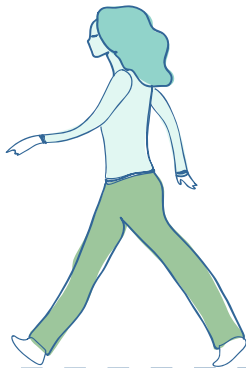
“Having helped deliver the HYPE Park Explorers programme over the summer it was exciting to see so many children taking advantage of the activities we had on offer. We engaged with local children and children from outside the area that had been visiting AlderHey.”

Marrianne Park Explorer Leader

“

“I normally go to footy camps but Mum decided to take me to the park and it was awesome! I loved it as we never go to the park together!”

Lucas Aged 10



“

“Having local activities that are free in our park this summer was really helpful to me and my children loved it. Each day they got involved in different challenges and games. They all loved the packed lunches aswell. Thanks!

Joanne Parent

“

“Walk Run Cycle Play is a great idea and the link to the Liverpool loop line provided some great space to the children on a longer walk than usual. The dog was happy too!”

Terry Parent



HYPE are looking forward to providing more fun activities for the local and wider community in parks across Liverpool including Springfield Park and aim to continue to work in partnership with Alderhey Children's Charity and reach more children and young people from within the park and in Alderhey Hospital.



91% of participants lived less than 1 mile away



74% of children favourite sport was football



94% of WRCP people felt healthier after being involved



20% of participants registered on the day for activities

THANK YOU

We would not be able to do what we do without the support and investment from our partners so thank you.

Alderhey Hospital
Alderhey Charity
Local Primary Schools
Mersey Play Council
Liverpool City Council

T: 0151 653 7024
M: +44 (0)7793 753 527
E: enquiries@hype-merseyside.co.uk
W: hype-merseyside.co.uk

Grand Entrance South Lodge
Birkenhead Park
Park Road North
Birkenhead
CH41 4HD



For every
£1 invested
in us, you could
receive a
Social Return
of **£23.86**

HYPE