



SEFTON HAF

Impact Report Easter 2022

hype-merseyside.co.uk



Welcome to HYPE

HYPE is a catalyst, using experience and networking to transform the lives of disadvantaged children and young people. We develop, fund and support learning programmes at every stage of a young person's development regardless of social background. HYPE transforms the land-scape of opportunities for young people.

Our holiday activities are designed to engage and educate pupils in a wide range of activities through working together collectively to achieve positive outcomes. At the forefront of all our pro-jects are the children and young people we work with in any club, community or school.

HYPE delivers a range of youth activities tailor-made for young people and the variety of barriers they face. We specialise in supporting young people aged between 7 and 24 years, who are living in highly deprived neighbourhoods where opportunities are limited.

Realising the impact of what we do,
HYPE has 3 set impact goals:

- 1. Create more opportunities for young people**
- 2. Support young people to reach their potential**
- 3. Strengthen local communities**



What is HAF?

The Holiday Activity and Food project has been running for two years now and HYPE have been supporting hundreds of children each year through our activities during school holidays.



As a result of this programme, HYPE have been able to support children and young people to:

- Eat healthily over the school holidays
- Be active during the school holidays
- Take part in engaging and enriching activities which support the development of resilience, character and wellbeing along with their wider educational attainment
- Be safe and not to be socially isolated
- Have a greater knowledge of health and nutrition
- Be more engaged with school and other local services
- Create positive memories for all participants

Our HAF programme enables families to:

- Develop their understanding of nutrition and food budgeting
- And are signposted towards other information and support, for example, health, employment, and education



HYPE Activities



Football & Fitness

Our FA Qualified Coaches have delivered a range of sessions to small groups of players ensuring they learn and improve their all round skills and techniques in a safe friendly learning environment. Players also have the opportunity to challenge each other in competitions and tournaments each day.



Park Explorers

Our Park Explorers project engages families in active sessions across their local green space and provide children with an opportunity to explore their park and learn about their local wildlife by using our innovative resources and tasks.

Families are involved in activities such as; Treasure Hunts, Scavenger Hunts, Bio Blitz, Walk Run Cycle Play and Multi Sports games.



Excursions

A favourite part for all participants on our Sefton HAF projects is always the trips that we host. This Easter the young people had an opportunity to visit Premier League Stadiums at Goodison Park, Anfield, and the Etihad Stadium.

For many of the children it was the first experience for them being inside a Premier League stadium. The stadiums tours provided an opportunity for the children to learn about the history of each club and have a visit inside the changing rooms of their heroes.

Through our Football and Fitness workshops our coaches talk a lot about magic moments in their games. These trips provide so many magic moments from stepping on the coach, travelling, getting to know children they've not known before, to walking out the tunnel and onto the grass pitch. These projects create lasting positive memories for all children involved.





Food

A key element of the HAF programme is to provide nutritional food everyday for all our children and young people. All participants are provided with water and a healthy fresh meal each day, the lunches are pre selected on our booking forms.

Our coaches have time during the workshops to talk to the children about the importance of a balanced diet and further nutritional information. The coaching team talk to the children about their favourite players and what their diet might consist of.

Plenty of fresh fruit is consumed during lunch times and at the end of the day to take home.

Healthy lunch, fruit and drinks are provided each day for all children registered.

Data



Total Number of children **193**

85% 7-11 years
15% 11-13 years



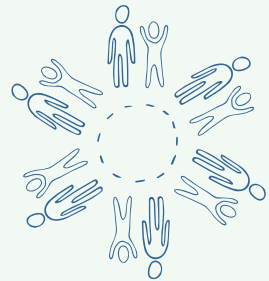
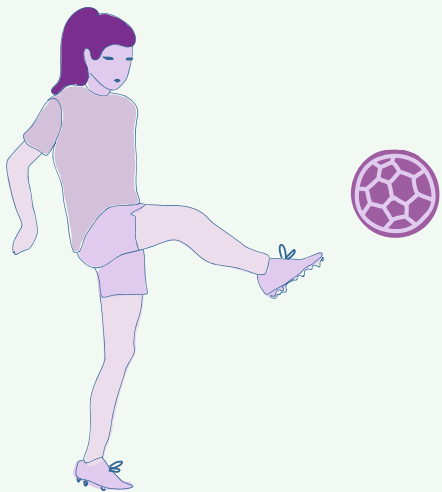
70% said that have improved confidence



65% said it was the first time they had attended this workshop



90% of children said favorite part of week was the Stadium Trip



85% of children made new friends



100% want to attend during next school holidays



Participant Feedback/Case Studies

Children



Oliver aged 11

I loved the games in the sessions and challenges some were easy but some were hard. The trip was boss and being there with my mates was a laugh. Thanks



Eva Aged 8

I learnt lots of new skills at the course and met a lot of new players. Chris my coach also made us all laugh everyday and my favourite part was the tournaments.

Parents

15 Apr, 06:50

Hi just wanted to say a huge thank you to the staff who organised and ran the camp at LCFA Thornton this week. Oliver really enjoyed himself and absolutely loved the tour yesterday! Hope everyone enjoys a well deserved long weekend! Thanks again. 🏆⚽



15 Apr, 08:06

Just wanted to say thank you for providing a fantastic football camp for our boys to attend, they loved it so much they begged to come back for a second week, & in their words it was amazing. They ended the week with a Stadium Tour which they absolutely loved. The coaches were all fantastic & the boys had a ball so thank you for this great experience you have provided for them

Its a pleasure! Thanks for the feedback

Seen



Participant Feedback

Partners



Vicky Ford - Children and Families Minister

Thousands of young people will continue to benefit from the expanded Holiday Activities and Food programme, which the Government is expanding across the whole country with investment of up to £220 million. This summer it will continue to provide nutritious food, as well as activities like arts and crafts, sport, and music, to the children who would benefit the most – especially those eligible for free school meals.



Cameron Carr LCFA Site Manager

It's great to see our new facility maximised during the school holidays by HYPE. HYPE have really engaged the local children and community in their activities. The children have loved every minute of it. Look forward to seeing them all again in the summer holidays.



Stuart Bennett Rimrose Valley Friends

It was great news when we heard HYPE were going to be working in Rimrose Valley on their Park Explorers project. We want more families and children to explore the park and that is what the Park Explorers is all about but using interactive ways to get children engaged and involved. Keep up the good work!



THANK YOU



Department
for Education

Sefton Council 



RIMROSE VALLEY FRIENDS
COUNTRYSIDE IN OUR COMMUNITY



For every
£1 invested
in us, you could
receive a
Social Return
of **£28.41**

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